# SATURDAY, MAY 04th, 2024

### 09:00 - ?? ONE CONTINUOUS SESSION

(WOMEN FIT- MODEL: JUNIORS + SENIORS + MASTERS; MUSCULAR MEN'S PHYSIQUE; CLASSIC PHYSIQUE: JUNIOR + SENIORS + MASTERS; WOMEN BODYFITNESS: JUNIORS + SENIORS + MASTERS)

(If there are 7 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1.	Master Women Fit-Model open	Elimination Round	
2.	Junior Women Fit-Model open	Semifinals	Round 1
3.	Master Women Fit-Model open	Semifinals	Round 1
4.	Women Fit-Model up to 160 cm	Semifinals	Round 1
5.	Women Fit-Model up to 164 cm	Semifinals	Round 1
6.	Women Fit-Model up to 168 cm	Semifinals	Round 1
7.	Women Fit-Model up to 172 cm	Semifinals	Round 1
8.	Women Fit-Model over 172 cm	Semifinals	Round 1
9.	Junior Women Fit-Model open	Semifinals	Round 2
10.	Master Women Fit-Model open	Semifinals	Round 2
11.	Women Fit-Model up to 160 cm	Semifinals	Round 2
12.	Women Fit-Model up to 164 cm	Semifinals	Round 2
13.	Women Fit-Model up to 168 cm	Semifinals	Round 2
14.	Women Fit-Model up to 172 cm	Semifinals	Round 2
15.	Women Fit-Model over 172 cm	Semifinals	Round 2

## THE OPENING CEFREMONY

- Parade of Nations: all participating National Federations delegates will appear onstage in alphabetical order, with the host National Federation appearing last.

16.	Junior Women Fit-Model open	Finals	Round 3
17.	Master Women Fit-Model open	Finals	Round 3
18.	Women Fit-Model up to 160 cm	Finals	Round 3
19.	Women Fit-Model up to 164 cm	Finals	Round 3
20.	Women Fit-Model up to 168 cm	Finals	Round 3
21.	Women Fit-Model up to 172 cm	Finals	Round 3
22.	Women Fit-Model over 172 cm	Finals	Round 3
23.	Junior Women Fit-Model open	Finals	Round 4
	Junior Women Fit-Model open Master Women Fit-Model open	Finals Finals	Round 4 Round 4
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24. 25.	Master Women Fit-Model open	Finals	Round 4
24. 25. 26.	Master Women Fit-Model open Women Fit-Model up to 160 cm	Finals Finals	Round 4 Round 4
<ul><li>24.</li><li>25.</li><li>26.</li><li>27.</li></ul>	Master Women Fit-Model open Women Fit-Model up to 160 cm Women Fit-Model up to 164 cm	Finals Finals	Round 4 Round 4 Round 4
<ul><li>24.</li><li>25.</li><li>26.</li><li>27.</li><li>28.</li></ul>	Master Women Fit-Model open Women Fit-Model up to 160 cm Women Fit-Model up to 164 cm Women Fit-Model up to 168 cm	Finals Finals Finals	Round 4 Round 4 Round 4 Round 4

#### **VICTORY CEREMONY:**

- JUNIOR WOMEN FIT- MODEL OPEN
- MASTER WOMEN FIT- MODEL OPEN
- WOMEN FIT- MODEL UP TO 160 CM
- WOMEN FIT- MODEL UP TO 164 CM
- WOMEN FIT- MODEL UP TO 168 CM
- WOMEN FIT- MODEL UP TO 172 CM
- WOMEN FIT- MODEL OVER 172 CM

#### 30. WOMEN FIT- MODEL OVERALL + AWARDING CEREMONY

Junior Women Bodyfitness 16-20 years open	Semifinals	Round 1
Junior Women Bodyfitness 21-23 years open	Semifinals	Round 1
Master Women Bodyfitness 35-39 years	Semifinals	Round 1
Master Women Bodyfitness 40-44 years	Semifinals	Round 1
Master Women Bodyfitness 45-49 years	Semifinals	Round 1
Master Women Bodyfitness >50 years	Semifinals	Round 1
Junior Women Bodyfitness 16-20 years open	Finals	Round 2
Junior Women Bodyfitness 21-23 years open	Finals	Round 2
Muscular Men's Physique up to 179 cm	Semifinals	Round 1
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Master Women Bodyfitness 35-39 years	Finals	Round 2
Master Women Bodyfitness 40-44 years	Finals	Round 2
Master Women Bodyfitness 45-49 years	Finals	Round 2
Master Women Bodyfitness >50 years	Finals	Round 2
Muscular Men's Physique up to 179 cm	Finals	Round 2
Muscular Men's Physique over 179 cm	Finals	Round 2
	Junior Women Bodyfitness 16-20 years open Junior Women Bodyfitness 21-23 years open Master Women Bodyfitness 35-39 years Master Women Bodyfitness 40-44 years Master Women Bodyfitness 45-49 years Master Women Bodyfitness >50 years Junior Women Bodyfitness 16-20 years open Junior Women Bodyfitness 21-23 years open Muscular Men's Physique up to 179 cm  Master Women Bodyfitness 40-44 years Master Women Bodyfitness 45-49 years Master Women Bodyfitness >50 years Master Women Bodyfitness >50 years Muscular Men's Physique up to 179 cm Muscular Men's Physique over 179 cm	Junior Women Bodyfitness 21-23 years open  Master Women Bodyfitness 35-39 years  Master Women Bodyfitness 40-44 years  Master Women Bodyfitness 45-49 years  Master Women Bodyfitness >50 years  Junior Women Bodyfitness 16-20 years open  Junior Women Bodyfitness 21-23 years open  Muscular Men's Physique up to 179 cm  Semifinals  Finals  Finals  Master Women Bodyfitness 35-39 years  Master Women Bodyfitness 40-44 years  Master Women Bodyfitness 40-44 years  Master Women Bodyfitness 45-49 years  Master Women Bodyfitness >50 years  Master Women Bodyfitness >50 years  Finals  Master Women Bodyfitness >50 years  Master Women Bodyfitness >50 years  Finals  Finals  Finals  Finals  Finals  Finals

#### **VICTORY CEREMONY:**

- JUNIOR WOMEN BODYFITNESS 16-20 YEARS
- JUNIOR WOMEN BODYFITNESS 21-23 YEARS
- MUSCULAR MEN'S PHYSIQUE UP TO 179 CM
- MUSCULAR MEN'S PHYSIQUE OVER 179 CM
- MASTER WOMEN BODYFITNESS 35-39 YEARS
- MASTER WOMEN BODYFITNESS 40-44 YEARS
- MASTER WOMEN BODYFITNESS 45-49 YEARS
- MASTER WOMEN BODYFITNESS >45 YEARS

#### 46. JUNIOR WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY

#### 47. MASTER WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY

48.	Women Bodyfitness up to 158 cm	Semifinals	Round 1
49.	Women Bodyfitness up to 163 cm	Semifinals	Round 1
50.	Women Bodyfitness up to 158 cm	Finals	Round 2
51.	Women Bodyfitness up to 163 cm	Finals	Round 2

52. Women Bodyfitness up to 168 cm	Elimination Round
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53.	Women Bodyfitness over 168 cm	Semifinals	Round 1
54.	Women Bodyfitness up to 168 cm	Semifinals	Round 1
55.	Women Bodyfitness over 168 cm	Finals	Round 2
56.	Women Bodyfitness up to 168 cm	Finals	Round 2

#### **VICTORY CEREMONY:**

- WOMEN BODYFITNESS 158 CM
- WOMEN BODYFITNESS 163 CM
- WOMEN BODYFITNESS 168 CM
- WOMEN BODYFITNESS +168 CM

### 57. WOMEN BODYFITNESS OVERALL + AWARDING CEREMONY

58.	Junior Men Classic Physique 16-20 years open	Finals	Round 2
59.	Junior Men Classic Physique 16-20 years open	Finals	Round 3
60.	Junior Men Classic Physique 21-23 years open	Finals	Round 2
61.	Junior Men Classic Physique 21-23 years open	Finals	Round 3
62.	Master Men Classic Physique 40-44 years	Finals	Round 2
63.	Master Men Classic Physique 40-44 years	Finals	Round 3
64.	Master Men Classic Physique 45-49 years	Finals	Round 2
65.	Master Men Classic Physique 45-49 years	Finals	Round 3
66.	Master Men Classic Physique >50 years	Finals	Round 2
67.	Master Men Classic Physique >50 years	Finals	Round 3
	VICTORY CEREMONIV.		

#### **VICTORY CEREMONY:**

- JUNIOR MEN CLASSIC PHYSIQUE 16-20 YEARS, OPEN
- JUNIOR MEN CLASSIC PHYSIQUE 21-23 YEARS, OPEN
- MASTER MEN CLASSIC PHYSIQUE 40-44 YEARS, OPEN
- MASTER MEN CLASSIC PHYSIQUE 45-49 YEARS, OPEN
- MASTER MEN CLASSIC PHYSIQUE >50 YEARS, OPEN

## 68. JUNIOR MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY

#### 69. MASTER MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY

70.	Men Classic Physique up to 171 cm	Semifinals	Round 1
71.	Men Classic Physique up to 175 cm	Semifinals	Round 1
72.	Men Classic Physique up to 171 cm	Finals	Round 2
73.	Men Classic Physique up to 171 cm	Finals	Round 3
74.	Men Classic Physique up to 175 cm	Finals	Round 2
75.	Men Classic Physique up to 175 cm	Finals	Round 3
76.	Men Classic Physique up to 180 cm	Semifinals	Round 1
	Men Classic Physique over 180 cm	Semifinals	Round 1
78.	Men Classic Physique up to 180 cm	Finals	Round 2
79.	Men Classic Physique up to 180 cm	Finals	Round 3

80. Men Classic Physique over 180 cm Finals Round 2
81. Men Classic Physique over 180 cm Finals Round 3

## **VICTORY CEREMONY:**

- MEN CLASSIC PHYSIQUE 168 CM
- MEN CLASSIC PHYSIQUE 171 CM
- MEN CLASSIC PHYSIQUE 175 CM
- MEN CLASSIC PHYSIQUE 180 CM
- MEN CLASSIC PHYSIQUE +180 C

MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY