

# BETTER BODIES CHALLENGE 2018

March 24th. Folkets Hus, Stockholm. Organizer: Team Powerlifting  
Approved by the Swedish Bodybuilding and Fitness Federation



## OFFICIAL CONTEST RESULTS

### MEN'S PHYSIQUE BEGINNERS

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	30	Sebastian Jansson	Tempo Training	8	6	6
2	28	Oskar Almgren	Delta Gym	10	12	12
3	40	Mattias Blom	Team Troija Fitness	16	17	17
4	27	Rasmus Lundh	Team In Shape Uppsala	33	21	21
5	37	Andreas Eriksson	Team Sportcenter Ö-vik	21	24	24
6	35	Kevin Karden	Team In Shape Uppsala	18	24	24
7	36	Patrik Jansson	Team Tempo Training	38		38
8	31	Love Grönvall	Pro Gym BBK	41		41
9	38	Pelle Lay	Team Troija Fitness	44		44
10	196	Erfan Erfani	Växer Gym	48		48
11	26	Hayman Bassim	Team SS Lifestyle	56		56
12	33	Mikael Sjöberg	AlphaOmega	61		61
13	39	Christian Svensson	Team EA by Proteinbolaget	66		66
14	41	Behnam Dadkhah	Team EA by Proteinbolaget	68		68
15	32	Fredrik Carlberg	Team Rosells Gym	73		73
16	29	Stefan Karlsson	Team Final Research	80		80

### BIKINI FITNESS BEGINNERS, SHORT

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	8	Therese Lindberg	Team Forever Fitness	9	7	7
2	14	Emelie Gissleholm	Team EA by Proteinbolaget	14	13	13
3	12	Sandra Hägglund	Team Sportcenter Ö-vik	12	15	15
4	11	Sandra Andersson	Team Diamond Fitness	19	20	20
5	20	Moa Pahikka-Aho	Team Tillskottsbolaget	18	22	22
6	13	Camila Cavalheiro	Team EA by Proteinbolaget	32	27	27
7	5	Ida Hjelmestig	Örebro Kraftsportklubb	35		35
8	194	Maja Thurén	Team ProteinExperten	39		39
9	3	Linda Nors	Team Final Research	45		45
10	23	Martine Olaisen	Team EA by Proteinbolaget	50		50
11	64	Michelle Brus	Team Ironsport	55		55

## BIKINI FITNESS BEGINNERS, TALL

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	18	Inez Stenis	Tempo Training	8	8	8
2	7	Amanda Wallander	Team FPS	12	12	12
3	9	Helena Gunnerholm	Tempo Training	11	18	18
4	21	Sanna Lindahl	Team EA by Proteinbolaget	32	19	19
5	17	Hannah Arndt	Team EA by Proteinbolaget	19	22	22
6	6	Moa Albrektson	Team Rödika	32	24	24
7	16	Emelie Klockare	Team FPS	33		33
8	10	Elise Hedlund	Team Iron Link	34		34
9	22	Emma Skytt	Team FPS	51		51
10	19	Fanny Petersson Sällberg	Team Diamond Fitness	52		52
11	15	Camilla Enberg	Skrotnissarnas Gym	53		53
12	24	Angelica Nyberg	Iron League by Saint Iron	55		55
13	2	Catrin Nors	Team Final Research	65		65

## MEN'S PHYSIQUE JUNIORS

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	45	Marcus Ekström	SNTeamLions	7	7	7
2	44	David Eklund	Team A2 Athletes	11	11	11
3	43	Magd Saoud	Team SS Lifestyle	13	12	12
4	50	Amani Mohammed Nader	Pro Gym BBK	19	19	19
5	46	Eh Htoo Eh Htoo	Team EA by Proteinbolaget	29	25	25
6	48	Alexander Björk	Team In Shape Uppsala	34	30	30
7	195	Mikael Sjöberg	AlphaOmega	34		34
8	47	Pelle Lay	Team EA by Proteinbolaget	38		38
9	49	Erfan Erfani	Växer Gym	41		41

## BIKINI FITNESS JUNIORS UP TO 163 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	55	Linn Blomberg	Motala Fitness Center		5	5
2	54	Camila Cavalheiro	Team EA by Proteinbolaget		10	10
3	51	Maja Thurén	Team ProteinExperten		15	15
4	52	Michelle Brus	Team Ironsport		20	20

## BIKINI FITNESS JUNIORS OVER 163 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	62	Inez Stenis	Tempo Training	8	8	8
2	53	Rebecca Qvist	Team FPS	14	15	15
3	59	Frida Waernborg	Team FPS	12	15	15
4	57	Ida Holgersson	Team Nutramino	19	17	17
5	60	Felice Thuresson	Team SSN	23	19	19
6	58	Julia Lagnefors Petersohn	NG Nutrition	30	30	30
7	61	Kim Brinkeback	Team EA by Proteinbolaget	35		35

## WELLNESS FITNESS

PLACE	NO	NAME	CLUB OR NATION	R1	R2	R3	SCORE
1	135	Anna Nyman	Team Tyngre		7		7
2	131	Amanda Karlsson	Iron League by Saint Iron		10		10
3	133	Lovisa Stenman	Team JF Athletes		14		14
4	134	Beatrice Olsson	Iron League by Saint Iron		20		20
5	132	Susanne Backelin	Team X-builder		24		24

## WOMEN'S PHYSIQUE

PLACE	NO	NAME	CLUB OR NATION	R1	R2	R3	SCORE
1	192	Susanne Naamani	Team JF Athletes		5	5	10

## CLASSIC BODYBUILDING UP TO 180 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	R3	SCORE
1	175	Moris Dilmec	Team DBM	13	18	8	26
2	170	Martin Ekelund Troive	Team Troija Fitness	11	22	8	30
3	169	Abdulmonaem Youzbashi	Team SS Lifestyle	7	20	15	35
4	173	Frejh Lönnqvist	Team JF Athletes	21	40	21	61
5	174	Alireza Rezai	Team EA by Proteinbolaget	25	50	24	74
6	168	Dan Eriksson	Alströmer BBFF	33	58	28	86
7	172	Gerry Gruber	Växer Gym	34			34
8	171	Johan Söderberg	Team EA by Proteinbolaget	36			36

## CLASSIC BODYBUILDING OVER 180 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	R3	SCORE
1	180	Dawson Hamilton	Norway		10	5	15
2	176	Andrius Kilinskis	Gnesta Gym		20	10	30
3	177	Johan Greinsmark	Team JF Athletes		32	16	48
4	178	Filip Fogelberg	Team EA by Proteinbolaget		38	19	57

## BODYBUILDING OPEN CLASS

PLACE	NO	NAME	CLUB OR NATION	R1	R2	R3	SCORE
1	183	Emil Seppänen	Delta Gym	9	26	8	34
2	185	Markus Hagström	MM Sports Team	16	22	15	37
3	189	Amin Soliman	Team Elit Nutrition	14	26	15	41
4	181	Alaa Tillo	Team Ironsport	17	38	15	53
5	184	Max Lindberg	Team Ironsport	21	42	22	64
6	167	Kazom Zamil Honedy	Team SS Lifestyle	33	58	30	88
7	186	Jimmy Olsson	Växer Gym	35			35
8	182	Meysam Zakeri	Nordic Shape	38			38
9	190	Anton Rosendahl	Team Rise Above	44			44

### BODY FITNESS UP TO 168 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	110	Mikaela Mört	Team Hasselmark	5	6	6
2	115	Marlene Salonen	Team Sportkost	13	12	12
3	116	Josefine Färm	Team Revive Kristianstad	20	17	17
4	113	Marie-Louise Olheim	Team Hasselmark	15	19	19
5	117	Nicole Boistrup	Team JF Athletes	19	20	20
6	119	Victoria Andersson	Team Fitness Delux	37	30	30
7	114	Lisa Karlsson	Team Chipset	37		37
8	109	Filippa Gemryd	Team EA by Proteinbolaget	37		37
9	111	Linda Sunnefors	Team B-Strong	42		42
10	118	Tina Widmark	MM Sports Team	51		51
11	112	Malin Wahlbom	Team Rise Above	51		51

### BODY FITNESS OVER 168 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	129	Linda Engström	Team JF Athletes	8	6	6
2	124	Sophie Liström	Team NEMJ	11	12	12
3	127	Viktoria Widén	Team Golden Physique	12	14	14
4	125	Ulrika Sjöström	Team Hasselmark	19	22	22
5	122	Felicia Sundberg	Team Troija Fitness	25	23	23
6	123	Andrea Biró	Your Physique	33	28	28
7	121	Anna Kvernplassen	Tempo Training	35		35
8	126	Sara Söderström	Svenskt Kosttillskott	37		37
9	128	Viveca Östlund	Team JF Athletes	45		45

### BIKINI FITNESS UP TO 163 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	70	Therese Lindberg	Team Forever Fitness	6	6	6
2	73	Camilla Johansson	Team Forever Fitness	17	16	16
3	71	Sandra Hägglund	Team Sportcenter Ö-vik	16	17	17
4	75	Linn Blomberg	Motala Fitness Center	18	18	18
5	67	Filippa Lundqvist	Team FPS	16	21	21
6	72	Emelie Gissleholm	Team EA by Proteinbolaget	36	23	23
7	74	Sandra Wallin Jaldunger	Team Troija Fitness	37		37
8	76	Michaela Dahlström	Team Tyngre	39		39
9	66	Frida Haapanen	Team FPS	43		43
10	69	Zabina Roos	Team Rise Above	45		45
11	68	Therese Ranch	Team Elit Nutrition	56		56
12	65	Ida hjelmestig	Örebro Kraftsportklubb	61		61
13	77	Martine Olaisen	Team EA by Proteinbolaget	62		62
14	63	Cecilia Pettersson	Team EA by Proteinbolaget	70		70

## BIKINI FITNESS UP TO 169 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	83	Sara Hallebrant	Delta Gym	11	11	11
2	90	Karina Jensen	Norway	10	12	12
3	79	Ida Holgersson	Team Nutramino	15	15	15
4	82	Linda Hjertzell	Team In Shape Uppsala	18	18	18
5	81	Emelie Holling	Team Rödika	21	25	25
6	80	Moa Albrektson	Team Rödika	30	25	25
7	85	Hannah Arndt	Team EA by Proteinbolaget	39		39
8	88	Johanna Jönsson	Team Diamond Fitness	41		41
9	86	Lina Bergström	Team Kraft	43		43
10	87	Nathalie Lundvall	Team Ironsport	51		51
11	84	Kim Brinkeback	Team EA by Proteinbolaget	52		52

## BIKINI FITNESS OVER 169 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	101	Inez Stenis	Tempo Training	8	8	8
2	91	Lisa Ivarsson	Team Rödika	14	14	14
3	103	Sanna Lindahl	Team EA by Proteinbolaget	19	19	19
4	95	Rebecca Qvist	Team FPS	31	20	20
5	92	Frida Waernborg	Team FPS	15	20	20
6	94	Amanda Wallander	Team FPS	17	20	20
7	97	Helena Gunnerholm	Tempo Training	37		37
8	93	Felice Thuresson	Team SSN	39		39
9	99	Mikaela Leffler	Tempo Training	42		42
10	100	Emelie Klockare	Team FPS	51		51
11	96	Johanna Charlotte Eriksson	Team Ironsport	58		58
12	98	Elise Hedlund	Team Iron Link	59		59
13	106	Sandra Höglund	Team Forever Fit By Better Bodies	65		65
14	104	Emma Skytt	Team FPS	67		67

## MEN'S PHYSIQUE UP TO 178 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	141	Sebastian Jansson	Tempo Training	6	6	6
2	143	Marcus Ekström	SNTeamLions	10	10	10
3	142	David Eklund	Team A2 Athletes	20	18	18
4	151	Egert Oiov	Estonia	22	20	20
5	147	Patrik Falkeborn	Team Ironsport	18	23	23
6	152	Magd Saoud	Team SS Lifestyle	34	28	28
7	144	Frans Baza	Quest Fitness Team	37		37
8	139	Daniel Silfver	Team Flex	38		38
9	34	Martin Arvidsson	Team NEMJ	43		43
10	137	Dennis Martinsson	Stark Gym & Fitness	53		53
11	150	Behnam Dadkhah	Team EA by Proteinbolaget	58		58
12	140	Noor Faleh	Team Ironsport	59		59
13	145	Kevin Karden	Team In Shape Uppsala	64		64
14	138	Mattias Norén	Team Elit Jönköping	69		69
15	146	Eh Htoo Eh Htoo	Team EA by Proteinbolaget	69		69

Eliminated						
	136	Kasper Edbom	Team SSN			
	148	Ola Carlberg	Team EA by Proteinbolaget			

## MEN'S PHYSIQUE UP TO 182 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	156	Adam Broberg	Team Fitness Shopen Lidköping		10	10
2	149	Mattias Blom	Team Final Research		10	10
3	160	Hussein Raad Hasan Algherwi	Team In Shape Uppsala		15	15
4	165	Andreas Eriksson	Team Sportcenter Ö-vik		20	20
5	154	Love Grönvall	Pro Gym BBK		22	22
6	155	Henrik Dahlin	Team EA by Proteinbolaget		28	28

## MEN'S PHYSIQUE OVER 182 CM

PLACE	NO	NAME	CLUB OR NATION	R1	R2	SCORE
1	166	Jakob Fredriksson	Lifestyle Athletes		7	7
2	158	Jesper Gustafsson	Team Nutramino		11	11
3	157	Rasmus Lundh	Team In Shape Uppsala		13	13
4	159	Dennis Dahlborg	AlphaOmega		19	19
5	161	Mikael Sjöberg	AlphaOmega		25	25
6	162	Christoffer Johansson	Team Jean Claude		30	30

\*All ties are broken using the Relative Placement method.

Ties in the "Final Score" are broken using the athlete's Final Round score.

Head judge: Per Sundström

Assisting head judge: Rachid Misk

Judges: Dimitri Skarmutsos, Pernilla Lundenmark, Kenneth Willström,

Ewa Wodmar, Yousef Asmar, Clas Enstedt, Maria Eriksson

Secretary: Magnus Branzén

Assisting secretary: Stefan Kvoch